Newsletter

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HEADWAY HUB

Social Prescribing Hub, Barbers Avenue, Rawmarsh, Rotherham, S62 6AE

EVERY WEDNESDAY 1.30 PM — 3 PM

JUNE

4th— Card Bingo

11th— AGM—Pie and Peas

(Places must be booked)

CHANGE OF VENUE—THE UNITY CENTRE





18st — Quiz (with Fran)

25th— NO HUB THIS WEEK

Replaced by Picnic in the Park (with Dani)

JULY

2nd—Bingo



16th—Craft (£3 per person)

23rd—Music Quiz

30th—Categories Game







Headway Rotherham

Headway Rotherham Victoria Park Hall Victoria Rosehill Park Rawmarsh Rotherham S62 7HJ

Charity No: 1097470

Office 01709-524100

Website: www.headwayrotherham@org.uk E-Mail: info@headwayrotherham.org.uk Find us on Facebook—Headway Rotherham

Twitter—@Headway Roths



Headway UK-Free helpline 0808 800 2244 -helpline@headway.org.uk

JUNE



WALK

Rother Valley Country Park Mansfield Road, Wales Bar, Sheffield. S26 5PQ

Please do not use postcode for directions by sat navs this takes you 1 mile away.

Monday 2nd June—1pm

Please note: you need to pay for parking

Register your blue badge and vehicle registration number at the park office located in the courtyard area for discounted parking.

This walk is suitable for wheelchairs and mobility scooters.



WINTHROP GARDENS



Second Lane, Wickersley, S66 1EE

Tuesday 3rd June—12.30pm

Creative Art with Flux—Using Fabric—Entitled Happy Place followed by a Garden Tour and Cream Tea

£5 per person

CYCLING 4 ALL

Friday 6th June—12.30pm—2.30pm



Herringthorpe Athletics Stadium Middle Lane South, Herringthorpe, S65 2HR

There are various cycles for all abilities including ones for wheelchairs.



TEN PIN BOWLING

Rotherham Superbowl Wortley Road, Kimberworth, Rotherham, S61 1QN

Monday 9th June—2pm

£5 per person
CASH PAYMENT ONLY
To be paid on the day please

Please inform Sadie if you have difficulty with stairs and she will arrange an alternative entrance





CARERS' MEAL

For family members of brain injury survivors

The Three Magpies Bonet Lane, Brinsworth, Rotherham, S60 5NF

Tuesday 10th June 1pm

(Payment for refreshments on the day)



PICNIC IN THE PARK

Rosehill Park, Rawmarsh

Wednesday 25th June—12 noon

Please bring your own chair or blanket and lunch

(Weather permitting)



ARCHERY & PIZZA MAKING

Monday 30h June 11am—2pm

The Bowling Green Pavillion, Rosehill Victoria Park, Rawmarsh

£5 per person





TEN PIN BOWLING

Rotherham Superbowl Wortley Road, Kimberworth, Rotherham, S61 1QN

Tuesday 1st July—2pm

£5 per person
CASH PAYMENT ONLY
To be paid on the day please

Please inform Sadie if you have difficulty with stairs and she will arrange an alternative entrance





PICNIC IN THE PARK

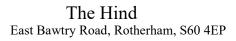
Rosehill Park, Rawmarsh

Monday 7th July-12 noon

Please bring your own chair or blanket and lunch

CARERS' MEAL

For family members of brain injury survivors



Tuesday 8th July 7pm





CROWN GREEN BOWLING & LUNCH AT THE MARQUIS

Low Stubbin, Stubbin Rd, Rawmarsh, Rotherham S62 7RX

Monday 14th July @ 10.30am £5 per person for bowling

We will be going into the Marquis after bowling if you wish to purchase lunch or a drink. We will be meeting in the pub at 12noon if you just wish to have lunch.



GOLF DRIVING RANGE

With a professional coach

Tuesday 15th July—10.30am

Peter Cowen Golf Academy

Upper Wortley Rd, Rotherham S61 2SJ

£5 per person

CRAFT SESSION

Rotherham Creative, Rawmarsh Community School, Haugh Road, Rawmarsh, Rotherham, S62 7GA

Monday 21st July—1pm



BOAT TRIP

Swinton Lock Activity Centre Dun Street, Swinton, Rotherham, S63 8AN

Tuesday 22nd July—11am—1pm

£5 per person

You are welcome to bring your lunch. Hot drinks are provided.



WALK

Greasbrough Dams, Church Street, Greasbrough, S61 4EH

Monday 28th July—2pm

Please note: parking is on the road as there is no car park.

Meet across from Coach Road





PICNIC IN THE PARK

Rosehill Park, Rawmarsh
Tuesday 29th July—12 noon
Please bring your own chair or blanket and lunch

(Weather permitting)



CONGRATULATIONS AND THANK YOU

We are very lucky to have had runners in 2 marathons raising funds for Headway Rotherham this year



Ashley Abrahams ran the London Marathon and raised an amazing £1,410.



Georgia-Mae, Mac and Natty ran the Rob Burrows Leeds Marathon and raised a fantastic £769.

Thank you from everyone at Headway Rotherham.







We are very proud of one of our members, Ernie Beeson, who was invited to light the beacon to mark the 80th anniversary of VE Day at Wentworth in May.





One of our members, Andrew Young, sadly passed away earlier this year. His family and friends kindly donated £200 to Headway Rotherham at his funeral.

Our thoughts are with all the family, and we thank you for the kind donation in memory of Andrew.

UNDERSTANDING MY BRAIN INJURY TRAINING

Created for and delivered by brain injury survivors.

Sessions Available:

Wednesday 15th October 1pm—2pm—Zoom Thursday 13th November 1pm—2pm—Zoom



This 40-minute session has been created specifically for brain injury survivors, it will explore the hidden effects of brain injury and the rehabilitation journey.

FREE of charge.

This session is specifically designed for brain injury survivors only. We kindly request that care staff and professionals do not join, as this space is intended to support personal experiences and needs.

To book on to any of the above sessions, please click use this link <u>Understanding MY brain injury | Headway</u> and use the Book now button or email a member of our team on <u>training.admin@headway.org.uk</u>



Are you having problems with benefits?

Headway Rotherham can help. Please contact Fran in the office on 01709 524100 and she can organise an appointment for you.

Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Rotherham. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the Trustees and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any

questions or concerns please get in touch with us. Best Wishes, Headway Rotherham

Headway Rotherham's Newsletter can be viewed on our Website along with much more information about our service. www.headwayrotherham.org.uk.

If you wish to view our Code of Conduct please find it on our website

About Us – Headway Rotherham

BOOKING ACTIVITIES

To secure your place on any of the activites

Text, Whatsapp, email or call Sadie and leave a message linfo@headwayrotherham.org.uk – Tel: 07925224461

Or use the form below to pass to Sadie or send her a photograph of your choices. All activities need to be paid for before the date to secure your place (unless otherwise stated)

Name:

JUNE	Date	Time	Price	Attending
Walk at Rother Valley CP	Monday 2nd June	2pm	Free	
Winthrop Gardens	Tuesday 3rd June	12.30pm	£5	
Cycling 4 All	Friday 6th June	12.30pm	Free	
Ten Pin Bowling	Monday 9th June	2pm	£5	
Carers Meal	Tuesday 10th June	1pm	Varies	
AGM with Pie and Peas	Weds 11th June	1.30pm	Free	
Picnic in the Park	Weds 25th June	12 noon	Free	
Archery & Pizza making	Monday 30th June	11am	£5	

JULY	Date	Time	Price	Attending
Ten Pin Bowling	Tuesday 1st July	2pm	£5	
Picnic in the Park	Monday 7th July	12 noon	Free	
Carers Meal	Tuesday 8th July	7pm	Varies	
Crown Green Bowling	Monday 14th July	10.30am	£5	
Marquis for a Meal	Monday 14th July	12noon	Varies	
Golf Driving Range	Tuesday 15th July	10.30am	£5	
Rotherham Creative	Monday 21st July	1pm	Free	
Boat Trip	Tuesday 22nd July	11am	£5	
Walk at Greasbrough Dams	Monday 28th July	2pm	Free	
Picnic in the Park	Tuesday 29th July	12noon	Free	