HEADWAY ROTHERHAM OFFICE

Our office will be closed for the Christmas period from Friday 20th December and will re-open on Monday 6th January 2025

HEADWAY ROTHERHAM WOULD LIKE TO WISH ALL OUR MEMBERS AND THEIR FAMILIES A MERRY CHRISTMAS AND HAPPY NEW YEAR

COPING AT CHRISTMAS

The Added Pressures of Christmas can be Tough, but it's Important to know there's always Someone you can Talk to ...

NHS 111 online

Call 111 & select option 2 to speak to the NHS Mental Health Crisis Response Service 24/7 Nhs.uk/mental-health



Under 35s can Call 0800 068 4141. Text: 88247 or Email: pat@papyrus-uk.org 24/7

Call 116 123 to talk to Samaritans, or email: 10@samaritans.org for a reply within 24 hours







Call MIND's Mental Health Helpline 24 hours a day, 7 days a week on 0800 414 8247 Text "SHOUT" to 85258 to contact the Shout Crisis Text Line, or text "YM" if you're under 19

Mental Health Forum & Chat for Men from 5pm - midnight every day Call or Watsapp 0800 585858

COULD YOU BE HEADWAY ROTHERHAM'S **NEW CHAIR OF TRUSTEES?**

We are looking to recruit a Chair, to work with our experienced and skilled staff and strengthen our trustee committee. The Trustee role is a voluntary position and unpaid.

We are looking for someone who has: knowledge of business development, some awareness of health & social care, fundraising and income generation experience, knowledge of the third sector, good communication skills, a willingness to make a difference to those most in need

To apply please send your C.V. and a covering letter to Chair of Trustees, Ewan Bain ewan.bain@headwayrotherham.org.uk

BOOKING ACTIVITIES

To secure your place on any of the activites

Text, Whatsapp, email or call Sadie and leave a message Info@headwayrotherham.org.uk - Tel: 07925224461

All activities need to be paid for before the date to secure your place (unless otherwise stated)

Your Privacy and GDPR

Thank you for sharing your email and contact details with Headway Rotherham. We use your information to keep in touch and will not pass it on to any third parties. It will be used only to share news of the group activities and between the Trustees and yourself. Your information is kept safe and is password protected on our group list and your paper form with your contact details is also kept safe. If you have any questions or concerns please get in touch with us. Best Wishes, Headway Rotherham

Headway Rotherham's Newsletter can be viewed on our Website along with much more information about our service, www.headwayrotherham.org.uk.

> If you wish to view our Code of Conduct please find it on our website About Us – Headway Rotherham

Newsletter



HEADWAY HUB



Social Prescribing Hub, Barbers Avenue, Rawmarsh, Rotherham, S62 6AE

EVERY WEDNESDAY 1.15 PM — 3 PM

THIS MONTH'S ACTIVITIES INCLUDE

4th— NO HUB (due to Christmas Dinner)

11th— Card Bingo



18th — Mince Pie Coffee Afternoon

With light refreshments Music Quiz and Singalong









Don't forget to wear your Christmas iumpers and hats



Headway Rotherham

Victoria Park Hall Victoria Rosehill Park Rawmarsh S62 7HJ

Charity No: 1097470

Office 01709-524100

Website: www.headwayrotherham@org.uk E-Mail: info@headwavrotherham.org.uk Find us on Facebook—Headway Rotherham





Headway UK—Free helpline 0808 800 2244 -helpline@headway.org.uk

TEN PIN BOWLING

Rotherham Superbowl Wortley Road, Kimberworth, Rotherham, S61 1QN

Tuesday 3rd December—2pm

£5 per person **CASH PAYMENT ONLY** To be paid on the day please







Don't forget to wear your Christmas jumpers and hats

Please inform Sadie if you have difficulty with stairs and she will arrange an alternative entrance

CARERS' GROUP

(This is not a Headway Rotherham run event)



Monday 2nd December —1.30pm—3pm Brecks Community Hub- Brecks Crescent, Rotherham, S65 3HU

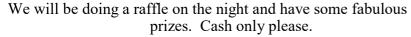
Christmas Crafts



HRISTMAS DINNER DANCE

Sitwell Golf Club Shrogswood Road, Whiston, S60 4BY

Wednesday 4th December 2024 6.30pm



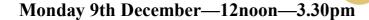




DINE AND DANCE

Ring O Bells
Fenton Road, Rotherham S61 3RG

2 course meal and Singer



£12 per person

PAINT A POT

Studio 62 Unit 6, Rother Court, Taylors Lane, Parkgate, S62 6DR

> **Tuesday 10th December** 10.30am—12.30pm

> > £5 per person





PANTO

Rotherham Civic Theatre Catherine St, Rotherham S65 1EB

Thursday 12th December

Show starts at 6.30pm (Arrive by 6.15pm)

PLEASE NOTE

THIS IS ONLY FOR THE MEMBERS WHO HAVE ALREADY BOOKED TICKETS

CARERS' CHRISTMAS MEAL

For family members of brain injury survivors



The Hind

285 East Bawtry Rd, Whiston, Rotherham S60 4ET

Tuesday 17th December 7pm

3 Course Festive Menu £21.99

(£5 deposit required, rest of the payment for refreshments on the day)

FLORAL CRAFT COURSE **NEW FOR JANUARY**

10 Week Course Starting on Tuesday 14th January 2025



12.30pm—2.30pm

Dearne Valley College, Manvers Park, Wath upon Dearne, Swinton, S63 7EW

If you would like to take part in the course, you need try commit to every week for 10 weeks (no class on 17th February due to school holidays)